

AARP

For Your Employees, Retirees and Members

1) *Finance*

- [10 Tax Tips Everyone Over 50 Should Know](#)

Double check that you are taking advantage of every deduction and credit available to you

- [AARP's Social Security Calculator](#)

AARP's new Social Security calculator can help you estimate your Social Security benefits and show you when it's the best time to claim Social Security. It's fast and easy to use.

2) *Health and Wellness*

- [Age-Proof Your Brain](#)

10 easy ways to keep your mind fit forever

- [13 Ways to Beat Back Pain](#)

Does time at the desk put pressure on your back? Check out these low-cost, drug-free remedies.

3) *Caregiving*

- [Caregivers Can Get Paid](#)

How to get financial help for taking care of Mom, Dad

- [Balancing Work and Caregiving](#)

These tips can help you juggle your job responsibilities and your demands at home

4) *Fun Stuff*

- ["Safe and Sound for \\$100 or Less"](#)

Believe you can't afford to improve your home's safety? Think again! Join AARP for this free Webinar on April 12th and discover 10 things – each under \$100 – that you can do to help make your home safe and comfortable. [Register today.](#)

And For You!

- **[AARP Health Law Guide:](#)**

Take a few minutes to make some sense out of the complex health law. Use this Guide to get a personalized report that explains what this means for you today including new provisions such as preventive screenings and patient protection against lifetime limits.

New from LifeTuner

AARP's [LifeTuner.org](#) offers an online one-stop-shop for your employees to learn, plan, and manage their finances. Designed with the younger employee in mind, LifeTuner offers a straightforward, agenda-free set of resources to promote good savings habits and get help with money issues.